

# Lunch Menu Spring 2025

## Week One

W/C: 6/1/25, 10/2/25, 17/3/25

### Meat Free Monday

- V Baked Potato with Grated Cheese & Beans
- Vg Mild Vegetable Chilli & Rice Cheese, Tuna or Ham Roll
- All accompanied by carrot sticks and cucumber
- Mixed Fresh Melon

### Tuesday

- V Cheese & Tomato Pizza & Sweetcorn
- Vg Roasted Vegetable & Tomato Pasta & Sweetcorn
- V Baked Potato with Beans & Cheese Cheese, Tuna or Ham Roll
- All accompanied by a fresh, seasonal salad
- V Apple Crumble with Custard
- or
- Fresh Fruit

### Wednesday

- GF Roast Chicken Fillet, Vg GF Roast Potatoes Seasonal Vegetables & V GF Gravy
- Vg Steamed Pasta with separate Cheese to sprinkle
- Vg Baked Potato with Cheese Cheese, Tuna or Ham Roll
- All accompanied by a fresh, seasonal salad
- Fresh Fruit Selection or V Yoghurt

### Thursday

- V Pesto Pasta & Baby Carrots
- V Cheese & Onion Pastie with Baked Beans
- Vg Baked Potato with Baked Beans Cheese, Tuna or Ham Roll
- All accompanied by a tomato salad
- V Chocolate Swirl Mousse
- or
- Fresh Fruit

### Friday

- \* Breaded Fishcake, Vg GF Oven Chips & Peas
- Vg Vegetable Samosa, Vg GF Oven Chips & Peas
- V Baked Potato with Grated Cheese Cheese, Tuna or Ham Roll
- All accompanied with sliced cucumber salad
- V Chocolate Chip Muffin
- or
- Fresh Fruit

## Week Two

W/C: 13/1/25, (17/2/25-Half term), 24/3/25

### Meat Free Monday

- V Macaroni Cheese with Mixed Vegetables
- V Baked Potato with Grated Cheese & Baked Beans Cheese, Tuna or Ham Roll
- All accompanied by carrot sticks and cucumber
- Fresh Chopped Watermelon

### Tuesday

- GF Chicken Korma, Vg GF Rice & Peas
- Vg Spinach, Potato & Chickpea Korma, Vg GF Rice & Peas
- V Baked Potato with Grated Cheese Cheese, Tuna or Ham Roll
- All accompanied by a fresh, seasonal salad
- V Vanilla Sponge Cake
- or
- Fresh Fruit

### Wednesday

- GF Roast Chicken Vg GF Roast Potatoes, Seasonal Vegetables & V GF Gravy
- V Vegetarian Sausage Roll, Vg GF Roast Potatoes, Seasonal Vegetables & V GF Gravy
- V Baked Potato with Grated Cheese
- All accompanied by a fresh, seasonal salad
- Cheese, Tuna or Ham Roll
- Fresh Fruit Selection or V Yoghurt

### Thursday

- \* Beef Burger & Bun with Ketchup
- Vg Vegetable Burger & bun with Ketchup Baked Beans
- Vg Baked Potato with Beans Cheese, Tuna or Ham Roll
- All accompanied by a lettuce & tomato salad
- V Strawberry Swirl Mousse
- or
- Fresh Fruit

### Friday

- \* Breaded White Fish Fillet Vg GF Oven Chips, & Peas
- Vg Vegetable Samosa Vg GF Oven Chips & Peas
- V Baked Potato with Grated Cheese Cheese, Tuna or Ham Roll
- All accompanied with sliced cucumber salad
- V Oreo Cookie Bar
- or
- Fresh Fruit

## Week Three

W/C: 20/1/25, 24/2/25, 31/3/25

### Meat Free Monday

- Vg Tomato & Basil Pasta with Peas
- V Baked Potato with Grated Cheese & Baked Beans Cheese, Tuna or Ham Roll
- All accompanied by carrot sticks and cucumber
- Fresh Fruit Selection

### Tuesday

- \* Pork Sausage, V Mash Potato & Mixed Vegetables
- Vg Vegetable Sausage, V Mash Potato & Mixed Vegetables
- V Baked Potato with Grated Cheese Cheese, Tuna or Ham Roll
- All accompanied by a fresh, seasonal salad
- V Jam & Coconut Sponge with Cream
- or
- Fresh Fruit

### Wednesday

- GF Roast Chicken, Vg GF Roast Potatoes, Seasonal Vegetables & V GF Gravy
- V Macaroni Cheese, Vg Seasonal Vegetables
- V Baked Potato with Grated Cheese Cheese, Tuna or Ham Roll
- All accompanied by a fresh, seasonal salad
- Fruit Fruit selection or V Yoghurts

### Thursday

- \* Beef Meat balls in tomato Sauce with Rice
- Vg Vegetable Meatballs with tomato sauce with Rice Peas
- V Baked Potato with Grated Cheese Cheese, Tuna or Ham Roll
- All accompanied by a fresh, seasonal salad
- V Vanilla Ice Cream
- or
- Vg Fresh Fruit

### Friday

- \* Breaded Fishcake, Vg GF Oven Chips & Baked Beans
- Vg Vegetable Samosa, Vg GF Oven Chips & Baked Beans
- V Baked Potato with Grated Cheese & Baked Beans Cheese, Tuna or Ham Roll
- All accompanied with sliced cucumber salad
- V Caramel Wafer Biscuit
- or
- Vg Fresh Fruit

# Lunch Menu Spring 2025

## Week Four

W/C: 27/1/25, 3/3/25,

### Meat Free Monday

- Vg Vegetarian Sausage Roll with New Potatoes & Peas  
 V Baked Potato with Grated Cheese  
 Cheese, Tuna or Ham Roll  
 All accompanied by carrot sticks and cucumber  
 Fresh, Chopped Watermelon

### Tuesday

- \*Pork Sausage, V GF Hash Brown, & Baked Beans  
 Vg Vegetarian Sausage, V GF Hash Brown, & Baked Beans  
 V Baked Potato with Grated Cheese & Baked Beans  
 Cheese, Tuna or Ham Roll  
 All accompanied with a fresh side salad  
 V Treacle Sponge & Custard  
 or  
 Fresh Fruit

### Wednesday

- GF Roast Chicken, V GF Roast Potatoes,  
 Mixed Vegetables & V GF Gravy  
 V Macaroni Cheese & Mixed Vegetables  
 V Baked Potato with Grated Cheese  
 Cheese, Tuna or Ham Roll  
 All accompanied with a fresh side salad  
 V Fresh Fruit Selection or V Yoghurts

### Thursday

- GF Mild Beef Chilli with Rice & Carrots  
 GF Vg Bean & Lentil Chilli & Carrots  
 V Baked Potato with Grated Cheese  
 Cheese, Tuna or Ham Roll  
 All accompanied with a fresh side salad  
 V Chocolate Ice Cream  
 or  
 Fresh Fruit

### Friday

- \* Breaded White Fish Fillet, Vg GF Oven Chips & Peas  
 Vg Breaded Vegetable Burger, Vg GF Oven Chips & Peas  
 V Baked Potato with Grated Cheese or Baked Beans  
 Cheese, Tuna or Ham Roll  
 All accompanied with cucumber slices  
 V Chocolate Chip Muffin  
 or  
 Fresh Fruit



## Week Five

W/C: 3/2/25, 10/3/25,

### Meat Free Monday

- V Baked Potato with Grated Cheese  
 GF Vg Vegetable Paella  
 Cheese, Tuna or Ham Roll  
 All accompanied by carrot sticks and cucumber  
 Duo of Tropical Fruits (Melon, Pineapple)

### Tuesday

- Mexican Chicken Fajita Vg Sliced Carrots & Rice  
 Vg Vegetable & Mixed Bean Fajita in Tomato Sauce with  
 Vg Sliced Carrots & Rice  
 V Baked Potato with Grated Cheese  
 Cheese, Tuna or Ham Roll  
 All accompanied with a fresh side salad  
 V American Style Pancakes with Chocolate Sauce  
 or  
 Fresh Fruit

### Wednesday

- GF Roast Chicken, Vg GF Roast Potatoes,  
 Mixed Vegetables & V GF Gravy  
 V Broccoli & Cauliflower Cheese, Vg GF Roast Potatoes,  
 Mixed Vegetables  
 V Baked Potato with Grated Cheese  
 Cheese, Tuna or Ham Roll  
 All accompanied with a fresh side salad  
 V Fresh Fruit Selection or V Yoghurts

### Thursday

- Vg Tomato & Basil Pasta, V Garlic Brea & Peas  
 V Vegetarian Sausage Roll, Garlic Bread & Peas  
 V Baked Potato with Grated Cheese  
 Cheese, Tuna or Ham Roll  
 All accompanied with a fresh side salad  
 V GF Strawberry Ice cream  
 or  
 Fresh Fruit

### Friday

- \* Breaded Fishcake, Vg GF Oven Chips & Beans  
 Vg Vegetable Samosa, Vg GF Oven Chips & Beans  
 V Baked Potato with Grated Cheese  
 Cheese, Tuna or Ham Roll  
 All accompanied with cucumber slices  
 V Caramel Wafer Biscuit  
 or  
 Fresh Fruit

As with all food retailers our suppliers take every care to remove bones from relative products. Fish and meat products may contain bones due to the way the products are manufactured.

## Support & Serve

### Fresh & Local

We are all so fortunate to live in a country with four distinct seasons and the variety of fruits and vegetables this provides. It makes for a delicious, varied, healthy diet.

All meals we provide are made fresh here at St Joseph's kitchen daily. We support local businesses where possible ensuring that we can always offer a wide range of fresh, varied, local produce.

We are extremely proud of the 5\* food hygiene rating we have been issued by Buckinghamshire Council.

Our Greengrocer is based here, in our village of Chalfont St Peter, and our Butcher is in Marlow.

We cater for 15 schools each day, including the children here at St Joseph's Primary. We are very fortunate to have a hardworking, loyal catering team that have a true passion to ensure that all children are offered a healthy, well balanced, enjoyable meal. The commitment from the whole team here has been proven over the past few years where there have been many unforeseen circumstances: the team adapts to change quickly and effectively to deliver the best possible lunch service, day in, day out. We provide fresh, hot soup to a homeless charity based in Slough every Monday night, 52 weeks of the year.

Our strong working relationships with all suppliers and delivery companies has proven so important to us. We work closely together to plan deliveries of produce, ensuring our own stock shelves are full even when the local supermarket shelves look bare.

Along with a varied hot meal, children have the option of a freshly baked potato or a choice of soft white roll accompanied by a salad of the day and a dessert.

Our menu reflects the importance of offering a varied & healthy "home cooked" meal for all pupils every day with the chance to introduce new flavours in to their diet.

**Please note: While we aim to supply all the food displayed on the menu, if there is an availability issue, the changes we need to make will be communicated to all schools as soon as possible.**

V Vegetarian Vg Vegan

GF Gluten Free \*Gluten Free Available

Vegan Cheese Available on Request

