

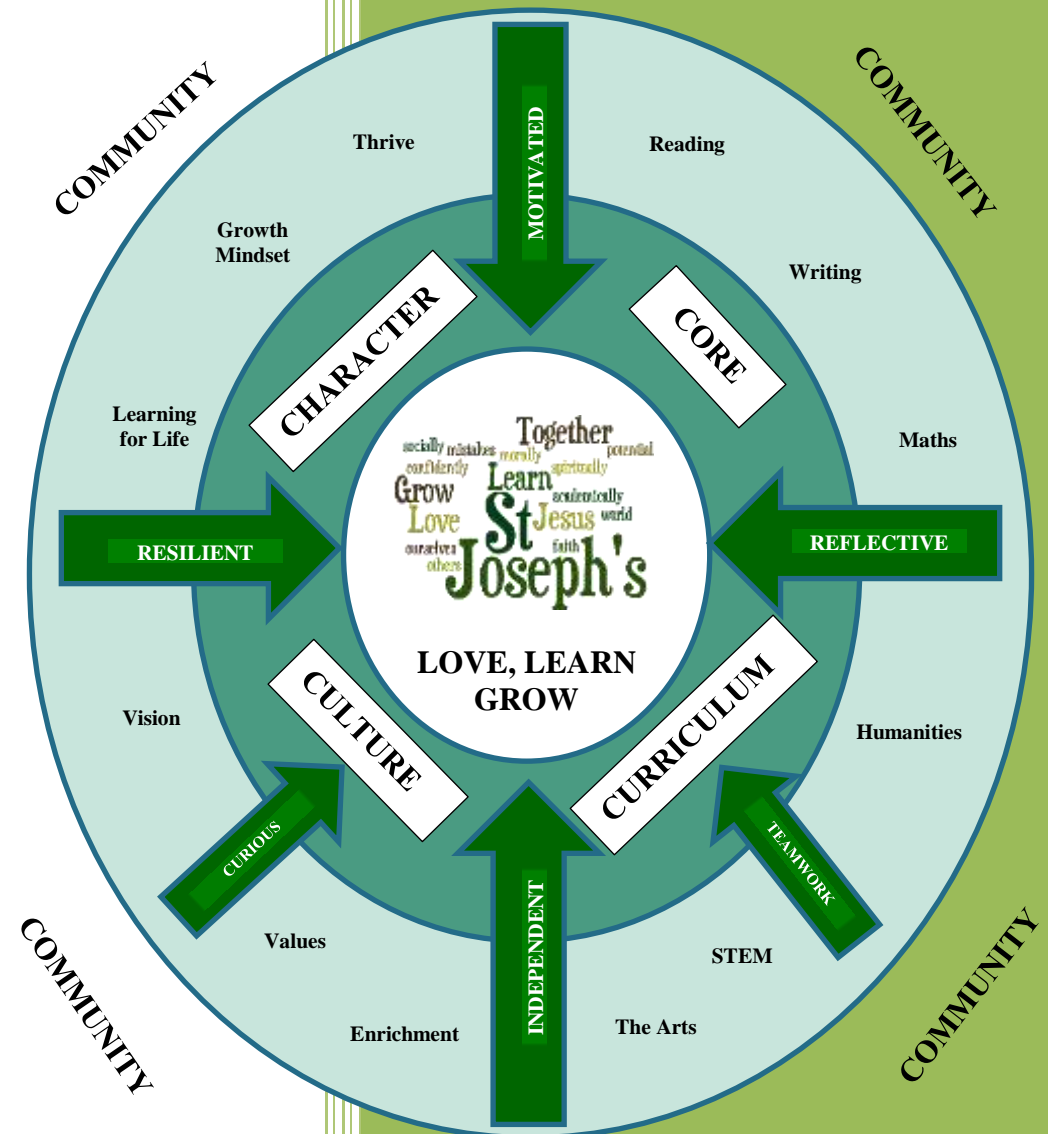
PERSONAL DEVELOPMENT AT ST JOSEPH'S.



The St Joseph's Curriculum is designed to educate the whole child, under our Mission of Love, Learn, Grow. The curriculum interweaves into five subheadings of Core, Curriculum, Character, Culture and Community. High expectations and strong vision and values enables us to develop the whole child. Christ is at the centre of our school, in which our Mission facilitates the growth of each pupil, in which we can see– “the glory of God is a human being fully alive!” St. Irenaeus.

Our bespoke curriculum is designed to be sequential and progressive, so that pupils step through learning, building strong foundations. Extended curriculum and enrichment activities enable pupils to build character and resilience, developing a growth mindset and the skills to become lifelong learners. Our learning characteristics enable our pupils to develop a mindset and values which will enable them to be successful in an ever-changing society, with the skills to take ownership of themselves, to create a happy and fulfilling life. Our curriculum is the start of the journey where we know our pupils will leave and make a real difference in the world.

“Education is the most powerful weapon which you can use to change the world.”
Nelson Mandela



Overview

Personal Development is the thread that runs through all aspects of school life here in St Josephs'. It can be found in the vision and values of our school, in PSHE lessons, the wider curriculum, enrichment and additional clubs that are offered and in our structured assemblies to name a few examples.

The aim for our pupils through this structured approach to Personal Development is to enable them to become effective members of our society, where they are able to contribute to the wider community to make a difference and positive contribution to the world.

Personal Development can be identified in the St Joseph's five areas of school life: culture, core, curriculum, character and community.

Culture – A clear vision is shared and these values displayed by all members of the school community. Enrichment activities enable pupils to be provided with additional experiences to develop the whole child.

Core – Pupils are taught core life skills of reading, writing and maths with rigour and drive. Pupils understand the importance of the development of these skills to ensure that all areas of the curriculum and life are accessed and excelled.

Character – Pupils are provided with the components, which gathered together enable them to develop the learning characteristics required for the modern world: Motivation, Curiosity, Independence, Teamwork, Resilience and Reflectiveness.

Curriculum – All pupils experience and develop their knowledge of the world around them – how the past has impacted the world and how the future is theirs to write.

Community – Pupils are provided with opportunities within the classroom and outside to develop and practise the use of this knowledge and skills so that they can vocalise their opinion with confidence and clarity, playing their role in the world.

We use the 'Ten Ten' structured programme for our PSHE sessions, which are in line with the statutory duty of schools. Alongside the themes that are covered, we carefully chose external speakers and visitors to our school to enhance and share expertise to enlighten our pupils.

Whole School Overview

The **Ten.Ten** Resources work best in key stages.

You are welcome to work together within your key stage, but lessons will require adapting per class.

PSHE – TOPIC OVERVIEW				
TERM	EYFS	KS1	LKS2	UKS2
ADVENT 1	EYFS Curriculum Personal, Social & Emotional Development	Module 1 – Unit 3 Emotional Well-Being	Module 1 – Unit 3 Emotional Well-Being	Module 2 – Unit 2 Personal Relationships
ADVENT 2		Module 1 – Unit 4 Life Cycles	Module 1 – Unit 4 Life Cycles	Module 2 – Unit 3 Life Online
LENT 1	Module 1 - Unit 2 My Body, My Health	Module 2 – Unit 2 Personal Relationships	Module 2 – Unit 2 Personal Relationships	Module 2 – Unit 4 Keeping Safe
LENT 2	Module 1 - Unit 3 Emotional Well-Being	Module 2 – Unit 3 Life Online	Module 2 – Unit 3 Life Online	Module 3 – Unit 2 Living in the Wider World
PENTECOST 1	Module 2 - Unit 2 Personal Relationships	Module 2 – Unit 4 Keeping Safe	Module 2 – Unit 4 Keeping Safe	Module 1 – Unit 2 Me, My Body, My Health Module 1 – Unit 3 Emotional Well-Being
PENTECOST 2	Module 2 – Unit 4 Keeping Safe	Module 3 – Unit 2 Living in the Wider World	Module 3 – Unit 2 Living in the Wider World	Module 1 – Unit 4 Life Cycles

PSED Mapping – Whole School

Personal development is not an added extra at St Joseph’s – it is woven through all that we do.

Through every interaction, every lesson, every event, every assembly.

Our primary aim is to prepare children for the wider world so that they can have a strong sense of purpose and belonging, and so that they have the confidence to make their voices heard.

Personal Social and Emotional development underpins all other learning.

To be a sociable integrated member of society children need to develop and manage their own and other's feelings and develop their ability to see things from another person's point of view.

Personal development is the development of a pupil's individual skills, attitudes, and understanding. This includes the development of self-awareness, self-esteem, and emotional intelligence, as well as the development of skills related to communication, teamwork, and critical thinking.

Year	Personal	Emotional	Social	Spiritual / Moral	Cultural
	Children need to gain an understanding of how to take care of themselves physically and mentally and keep safe. Looking after their health and well-being and ensuring that they respect the right of others to be healthy, keep well and safe.	Children need to develop and manage their own and other's feelings and develop their ability to see things from another person's point of view.	Social development is about developing relationships with others and understanding how to interact with people from different backgrounds and cultures. It involves learning about social norms, customs and traditions, as well as developing social skills and the ability to communicate effectively.	Spiritual development is about developing a sense of identify and belonging as well as an understanding of life's purpose and meaning. Exploring one's own beliefs, values and experiences and respecting others. Moral development is having a sense of right and wrong, understanding how we behave in a way consistent with our beliefs and values and showing empathy and respect to others.	Cultural development is about understanding and appreciating the richness and diversity of different cultures, and the ability to interact respectfully with all regardless of culture or background. It involves learning about customs, traditions and beliefs, as well as historical and social contexts. This also involves – British culture and values (see separate document).

<p>P School</p>	<p>Lent- Self Care - teeth care, why we sleep, how we stay healthy, body management.</p> <p>Pentecost – Sunshine and Sunflowers-Growing/self-reflection, understanding the world around us. Different habitats.</p>	<p>Advent – Me and my community-People who help us. Core text – Once there were Giants/ Lost and Found, I love my Mum and Dad</p> <p>Advent/ Pentecost - Forest school</p> <p>Pentecost – Big Wide world Why family is important, being a part of a community.</p>	<p>Constant focus on working together, collaboration, team building – sharing with others.</p> <p>Pentecost – Big Wide World- being a part of a community.</p>	<p>Advent – Me and My Community – Learning to share and take turns.</p> <p>Advent – Sparkle and Shine (Celebrations) - Special events and family gatherings.</p>	<p>Advent 2 – Sparkle and Shine seasons, celebrations – special events and family gatherings. Core text-Cinderella, Laura’s Star,</p> <p>Pentecost – Big Wide World-Being part of a family, school and wider community. Core text – We Are All Under The Same Sky, Clean Up, All Are Welcome.</p>
<p>Reception</p>	<p>Lent – NSPCC Pants-based lessons –Private parts and self-awareness.</p> <p>Advent – Transition activities Focusing on ‘members of our families’ learning and differences for us and others discussion Emotional wellbeing and regulation strategies</p> <p>Pentecost – Growing How we grow and develop, how we grow differently to other things.</p> <p>Pentecost – Self Reflection Looking at ourselves and completing self-portraits.</p> <p>Pentecost – Seasons</p>	<p>Advent - People who help us Meeting special visitors to learn their importance.</p> <p>Advent – Transition books Reading focus, The Colour Monster Goes to School.</p> <p>Pentecost – Growing How we grow and change. Ducks – from eggs to infants, how the ducks develop.</p> <p>Throughout – Emotion Books (examples) The Colour Monster The Day the Crayons Quit to look at emotions and colour connections.</p>	<p>Advent – Belonging Making friends, what makes a good friend? Key qualities of friendship.</p> <p>Pentecost - Forest School Team games and friendship building.</p> <p>Pentecost – Big wide world and the community All students are welcome, treating everyone as equals.</p> <p>Throughout – Friendship-based books Little Echo, Lost & Found.</p>	<p>Lent – Welcoming / Baptism Being part of the community, initiation and belonging.</p> <p>Lent – Celebrations Christmas, Baptism, Hanukkah</p> <p>Pentecost – Big Wide World and the Community Taking care of the environment around us.</p> <p>Throughout -Collective Worship, Celebration Assembly, Open the Book</p>	<p>Advent - People Who Help Us Learning about others and their roles in the community.</p> <p>Lent – Science workshop Meeting a real scientist and building awe and wonder for experiments</p> <p>Pentecost – ZOG Celebrate the Gruffalo’s 25th Anniversary and build love of reading.</p> <p>Pentecost – Zoo Trip Opportunity to see different animals and experience a new environment.</p>

	<p>Summer focus looking at sun safety.</p>	<p>Pentecost – Transition books</p>			<p>Pentecost – Local History month Focusing on how Chalfont St Peter has developed over time.</p> <p>Throughout - Poetry Box Sharing poems from different cultures and literary types with families.</p>
<p>Year 1</p>	<p>Advent Computing – Technology around us –Understanding the rules that keep us safe and healthy when using technology</p> <p>Nativity – Developing confidence in performing for others.</p> <p>Lent Computing – Online safety – Understanding the SMART rules when using and sharing information online.</p> <p>Lent – NSPCC Pants-based lessons –To learn the TALK PANTS rules and how they keep children safe.</p>	<p>Lent English Ruby’s Worry – discussing worries and concerns and strategies to deal with these.</p> <p>Pentecost English The Dot – developing confidence in their abilities and resilience.</p>	<p>Advent Nativity – learning and performing alongside and in collaboration with peers.</p> <p>Lent Local geography Learning about the area local to the school</p> <p>Pentecost PE – Games – working together as a team</p> <p>History – Great Explorers – Learning about courageous and inspirational people and how we can</p> <p>Forest School – Team building – den making</p>	<p>Advent Pantomime – whole school annual trip</p> <p>Lent Class Assemblies linked to Church Topics</p> <p>Pentecost Local History – The Church. Finding out about how our Church was developed and having visits from parishioners.</p> <p>Theatre Trip – Zog and the Flying Doctors Visiting the theatre as a key stage. Understanding what it is like in a theatre.</p> <p>Spanish Day – Learning to say hello and goodbye</p>	<p>Advent RE – Judaism</p> <p>Nativity Music Hey You! - Old School Hip-Hop – pulse and rhythm</p> <p>Geography- People and their communities – learning about communities around the world</p> <p>Lent Music - Rhythm in The Way We Walk - The Banana Rap - Learn pulse, rhythm, pitch, rapping,</p> <p>Pentecost RE – Sikhism Using stories and the special manner in which Sikhs emphasise equality and shared life.</p> <p>Pentecost – Local History month</p>

					<p>Focusing on how St Joseph's church has developed over time.</p> <p>Geography – Animals and their habitats Focussing on the habitats of popular animals and a visit to Woburn Safari</p>
<p>Year 2</p>	<p>Advent Science Health- How to keep healthy, the importance of medicines and knowing how we grow.</p> <p>DT Heathy and balanced diet- Making wraps and the importance of keeping a balanced diet.</p> <p>Advent and Pentecost Pants What's in your pants? and conversations around keeping safe.</p> <p>Pentecost NSPCC Speak out stay safe.</p>	<p>Lent English- "The Penguin who wanted to find out". We learnt about how we can ask questions to build our curiosity.</p> <p>Marvellous Mistakes on the maths working wall and embedded into lessons- build resilience.</p>	<p>Advent Nativity- Learning lines, developing confidence and performing.</p>	<p>Pentecost English- 'Dear Earth' How to save the Earth and ways in which Earth is being ruined.</p> <p>Pentecost Year 2 Moving on Liturgy – reflection on achievements and progress through KS1.</p>	<p>Advent RE- Judaism - Learning what Shabbat is and why it is important. Year group assembly.</p> <p>Pentecost RE- Hinduism – Puja in the home (pray) and home shrines. Hindu staff member came and spoke to the children. Year group assembly on prayer.</p> <p>Zog – Visiting the theatre as a key stage. Understanding what it is like in a theatre.</p> <p>History - Local History month – Spot the difference, past and present of Chalfont St Peter.</p> <p>Theatre Show - The Railway Children theatre.</p>

<p>Year 3</p>	<p>Carol concert and Passion play – children gain confidence to perform.</p> <p>Pentecost Science – animals including humans Eating healthy and staying healthy.</p> <p>Maths – money and time topics.</p> <p>PE – swimming - safety and preparedness</p>	<p>All year – marvellous mistakes culture to build resilience</p> <p>Lent Forest school – team building activities</p>	<p>Lent Geography – Climate change</p> <p>Pentecost English – David Attenborough and Inspirational people who saved the world.</p>	<p>Monday afternoon Gospel assemblies Class champion Class assemblies sharing the message of the RE topics.</p>	<p>Advent RE – Judaism – Learning about the synagogue as a place of Jewish worship and linking this to special places for the children religious and secular.</p> <p>Pentecost RE – Islam - Learning about the mosque as a place of Muslim worship and linking this to special places for the children religious and secular.</p> <p>Spanish – Spanish day and throughout the year learning about another language.</p> <p>History - Local history month and local history topic.</p>
<p>Year 4</p>	<p>Advent Computing: The Internet- How to be safe online</p> <p>PE-Swimming- Safety and preparedness</p> <p>Lent RE- Community- learning about our own role in our community and what we can do to add to it</p>	<p>Whole year- Collective worship- provides opportunities to let students to speak their emotions and connect to the scripture</p> <p>Music- Reflection on how they like a genre and how the music makes them feel</p>	<p>Lent/Advent- Forest School-working together in groups to create habitats and perform tasks like crossing a tight rope and axe throwing</p> <p>Assemblies- Speaking and performing in front of others to gain social skills and confidence</p>	<p>Pentecost- History- Crime and Punishment- learning about right from wrong and just treatment of all people</p> <p>Whole year- Collective worship- provides opportunities to let students to speak their emotions and connect to the scripture</p>	<p>Advent- RE- Judaism- learning how to respect other beliefs</p> <p>History- Egyptian Day- learn about life like in Ancient Egypt</p> <p>Lent- History- The Americas- Learning differences between North and South American Cities</p>

	<p>Pentecost Science- Teeth – children learning about how to take care of themselves.</p> <p>DT- Nutrition- learning how to have a healthy diet</p> <p>Maths- Money- how to add and partition money</p> <p>Woodrow Trip- learning how to stay somewhere independent</p>		<p>Pentecost RE- Building bridges- learning how to maintain relationships and problem solve with people.</p> <p>Science- Living things and their habitat- learning about their own impact on their environment</p> <p>Woodrow Trip- Learning how to work together with others</p> <p>PE- Field Hockey: teamwork during playing the game</p>		<p>Pentecost RE- Sikhism – Visit to a local Gurdwara to learn about the culture and religion.</p> <p>Spanish- Spanish Day- getting to experience different cultural aspect of Spanish Speaking countries</p> <p>Music- (All Year)- Learning about different songs and genres from around the world</p> <p>Drumming- African Drumming for two weeks</p>
<p>Year 5</p>	<p>Advent ICT – Sharing information - online safety)</p> <p>Forest school –Making a compass (sense of direction)</p> <p>Lent Science week -looking at possible careers in science</p>	<p>Advent RE – Ourselves What makes us -us and identifying our good qualities</p> <p>Forest school – teamwork</p>	<p>Advent Writing: HS2 Arguments forming own ideas and debating with each other</p> <p>Humanities/Art- Local Area -a sense of place</p> <p>Lent RE – Mission -look at our diocese</p> <p>DT – Space Pop-Up books – teamwork and working together</p> <p>Pentecost: Pizza Express trip – working together</p>	<p>Advent RE - Baptism/Confirmation- belonging and community</p> <p>Pentecost: RE – Freedom and Responsibility The rules we have as Catholic’s and how they give us freedom to live lives that are caring and considerate.</p> <p>Writing: Shop Locally - supporting local businesses – why?</p>	<p>All Year: African Drumming</p> <p>Advent RE – Judaism -the Passover story and meal</p> <p>Humanities – Vikings How did their culture change the country, language, religious and cities.</p> <p>Lent: Humanities – Anglo-Saxons Where they came from, how they brought their</p>

					<p>culture with them and how it impacted the UK.</p> <p>Pentecost: RE – Hinduism Virtual tour of a temple to understand religious practices and discussion around Hindu life and culture.</p> <p>History – Local area month. Key figures now and then</p> <p>Performance – The Railway Children</p>
<p>Year 6</p>	<p>Advent RE - Loving Qualities of a good friend and what makes a good friendship</p> <p>RE – Vocation and Commitment Looking at careers that involve commitment in life</p> <p>Carol Concert Opportunities for children to perform in front of an audience</p> <p>Science Week and Topic Looking at different careers in the field of Science</p>	<p>Pentecost 627 Small groups and whole class sessions to prepare children for secondary school and discuss their feelings towards change</p> <p>Gold Hill Year 7 Retreat Day Opportunity for Year 6 children to reflect on their emotions about moving on to secondary school</p>	<p>Advent Computing – Internet Communication Internet safety and communication</p> <p>Pentecost Gold Hill Year 7 Retreat Day Opportunity for Year 6 children to meet and socialise with children moving to the same secondary school</p> <p>PGL Children are given the opportunity to develop their team building skills and try out new activities. It is a great chance for</p>	<p>ALL YEAR Open the Book Regular opportunities to reflect on the message of the Gospel/parables and how they impact our lives</p> <p>Lent RE – Unity Reflecting on how the eucharist enables people to live in communion</p> <p>Pentecost RE – Witnesses Reflected on our role as a witness of God</p> <p>RE – Death and New Life Reflecting on our beliefs about life after death</p>	<p>ALL YEAR African Drumming</p> <p>Advent RE - Judaism Celebrations of Rosh Hashanah and Yom Kippur</p> <p>History – Ancient Greece Greek mythology – Gods and myths reflect ancient culture</p> <p>Geography – South America Looked at the Amazon Rainforest and issues of deforestation</p> <p>Lent History – Impact of War</p>

Lent
Charity Day
 Giving the children an opportunity to raise money for a charity of their choice. This develops their awareness of others in need.

Pentecost
Production
 Chn develop confidence

them to push themselves out of their comfort zone and challenge themselves.

Learnt about the impact of war on our local area

History – The Ancient Maya
 Looked at the ancient and current traditions of the Maya

Pentecost
RE – Islam
 Reflect on the 5 Pillars of Islam and the religion’s key beliefs

6W Class Reader – Kick Set in Jakarta

Art – Frida Kahlo
 South American artist, look at her lifestyle and style of artwork

Local History Month
 Immersion into their own culture and its history.

Year 6 Production – Aladdin
 The production enables children to build their confidence with public speaking,

Whole School Opportunities

At St Joseph’s we teach personal development in a wide range of ways throughout the children’s school lives. For example:

- it is taught in discrete lessons (please see the PSHE curriculum map);
- it is taught with cross-curricular links in other lessons, such as English, physical education and religious education;

- staff members consistently model how to be a good citizen who uphold the school values;
- assemblies (class, year group, phase and whole school and special visitors);
- focus on charity (charity events)
- specialist staff (e.g. ELSA) working with individuals and groups;
- e-Safety lessons in computing and assembly;
- internet Safety Day
- music appreciation/song lists for classrooms
- celebrating positive learning attributes with weekly awards – termly Love Learn Grow Awards;
- huge array of before and after school clubs;
- well thought through transitions throughout the school and beyond;
- focusing on mental and physical health;
- Pupil Leadership opportunities e.g. VIPs, School Council, Pupil Leadership Team, Faith Leaders, Buddy system, ECO team;
- trained Peer Mentors;
- celebrating different languages, cultures and religions;
- outdoor activities (Forest School) trips and visits.
- opportunities to extend the pupil's knowledge and understanding of other cultures through inviting visitors to school e.g. Traveller History Month Assembly (Margaret Clitherow Trust).
- Whole school theatre visit / pantomime.
- Open the Book Assembly – fortnightly (focus on a Bible Story) Open the Book team of visitors present with children helping.

This is an experience passport that the children will begin in Pre-school and travel through school with.

Each year there will be a set of 10 exciting experiences / learning opportunities, which sit alongside the academic curriculum and which are specific to each year group.

The activities and events are linked to the various subjects and areas of learning and are drawn from either our core curriculum or from our enrichment programme.

Within the Passport children can record significant events in their journey through St Joseph's such as any leadership roles they have had or specific achievements such as winning a LLG Award.